Wenatchee High School Athletics
Member of WIAA (Washington Interscholastic Activities Association)
• Eligibility (Age, Residence, Transfer, Academics)
• Start Date – End Date
• # of contests in each sport, # of practice requirements
• Coaching standards and guidelines
  • 4A High School (72 in state of Washington)
    • 17th largest in state – 1697.75
  • Member of CBL (Columbia Basin League)
    • 7, 4A schools and 7, 3A schools

21 Varsity Sports, 21 JV Sports, “C” Team and Freshman Teams
We keep as many teams as our league / school can manage.

<table>
<thead>
<tr>
<th>Fall Sports – August – November</th>
<th>Winter Sports – November – March</th>
<th>Spring Sports – February – May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Wrestling</td>
<td>*Boys Soccer</td>
</tr>
<tr>
<td>*Volleyball</td>
<td>*Boys Basketball</td>
<td>Track and Field</td>
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<tr>
<td>Cross Country</td>
<td>*Girls Basketball</td>
<td>Tennis</td>
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<tr>
<td>*Girls Soccer</td>
<td>Boys Swimming/Diving</td>
<td>*Golf</td>
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<tr>
<td>Girls Swimming/Diving</td>
<td>Bowling (Oct 30-Feb 3)</td>
<td>*Baseball</td>
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<tr>
<td></td>
<td></td>
<td>*Softball</td>
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</tbody>
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*Sports that usually “cut”

http://whs.wsd.wednet.edu/Faculty/Athletics/Athleticshome.html

509-663-3384 office phone number
Clearance: Process that will allow a student to participate / try out for an athletic team. Can be done just 1x each year and must be done before you may participate. Encouraged to clear in May each year so you are eligible for summer activities.

- ASB Card – $25.00
- Sport Fee – $3.00 (per sport)
- Sport Guidelines (per sport)
- Athletic Code of conduct – must be signed 1x in high school
- Physical / Physical Form * Accurate Information
  - Physical good for 13 months.

Eligibility: Guidelines that must be met for each athlete in order to compete for Wenatchee High School. The athletic office makes the decisions on eligibility.

- Academic Standards
  - Above a 2.0
  - May not have more than 1 F.
- Attendance
- Insurance
- Athletic code of Conduct
- Residence / Transfer
- Age / years in school
- Home School / Private School / Running Start
- Physical – date of physical

There is a difference between being cleared to participate and being eligible to compete !!!!

Spirit Pack: Clothing items for athletes. We try to limit these items to reduce expense for parents. Order Forms usually go home with the athlete during the first week of practice and have a timeline that is required to be met.

- Some sports require items for the sport:
  - Knee pads, mouth guard, belt, swim cap
- Some items are optional for the sport:
  - Team shoes, under armor, jersey
- Some items are available to any athlete (Go USA is the official merchandiser):
  - Sweatshirts, shorts, hats, t-shirts, travel gear

Sports Kickoffs: Each season, after the first week or two there is a sports kickoff. The kickoff is at 6:30pm and begins with all sports together for announcements and information from the Athletic Director. Then there are individual sport meetings that last about 30 – 45 minutes. Coaches hand out their handbook and go over any expectations and information for their sport. These are very important for parents and athletes to attend.

Sports Awards Night: At the completion of each season, there is an awards night. The awards night begins at 6:30pm with all sports together when we announce academic excellence, League, District and State awards as well as all-league selections. At approximately 7:00, each sport has a break out awards session to give out team awards and recognize achievement in their specific sport. Each participant is
recognized and should attend. The Booster Club provides cookies, coffee and punch.

**Booster Club:** This group of parent volunteers provides support for the Panther Athletic Department. The main fund raising efforts are: membership, concession stands, programs, posters and donations. We pride ourselves in having a large Booster Club with lots of members and volunteers. We encourage every family of a panther athlete to join Booster Club.

- Board of Directors – 12 members that vote and take on leadership roles
  - 10-12 additional members that have working positions.
- Sports Reps – individuals from each sport that act as a liaison between the sport and the booster club.
- Membership – Join for $20 - $250.00
- Concession Stand – Each sport has responsibilities to work 3-5 athletic events.
- Programs / Posters – Done each season with schedules, color photos and additional information.

**Athletic Code** - A contract signed by each athlete and parent as part of clearance before their first sport at WHS. Once this document is signed, the athlete and parent are expected to uphold the expectations of the code while at Wenatchee High School.

- Alcohol, Tobacco
- Drugs, Steroids
- Use, Abuse, Transmittal
- In the presence where it’s being used illegally
- Self Report vs Non Self Report

Varsity Letter
Team Awards
Personal Education
Apology
% of contests

- Other Range of Sanctions
- On Campus / Team Trips
- Off Campus / Personal Situations

YOU CAN VIEW THE ENTIRE STUDENT ATHLETE HANDBOOK ON OUR WEBSITE UNDER ATHLETIC CODE
Policies and Procedures

**Transportation**
1. Travel to and from contests will be on school sponsored transportation.
   a. Charter bus – more than 1.5 hours
   b. School bus – less than 1.5 hours
   c. Suburbs – 7 or less students / overflow

   If you want to transport your own child, fill out departure from group.
   Need parent signature, coach signature, athletic director signature (in that order). We make a copy and send you with the copy on the trip. **Do in advance***

2. Travel to an from practice may require parent or student transportation. You will be asked to fill out a permission to drive form.

**Attendance**
1. Athletes are expected to be in school all day, each day unless cleared through the attendance office for appointments, sickness and/or family request.

2. When athletes miss school due to a trip, the athletic office will excuse each athlete from school.
   a. Do NOT excuse athletes from school on a game day or day after a game to get extra sleep, eat lunch or catch up on homework.
   b. Athletes are almost always excused from class after 15 minutes of the beginning of class. Athletes should NEVER leave class before the scheduled out time posted by the athletic office.
   c. Failure to attend school or class on a game day or the day after a game will result in ineligibility for the game that day or next game.
   d. If you get a call from the automated caller for an athletic absence, send your athlete to the athletic office the next day and we can solve the problem best to our ability. If it is our mistake, we will fix it. Otherwise, it can become the teacher, athlete or parent responsibility.
   e. Athletic absences will, unfortunately, require missed tests, assignments and schoolwork. It is the students responsibility to plan, communicate and manage their schoolwork in advance. Using Monday mornings, lunch, break and after school when needed to make up missed work.

**Injuries**
1. Tell the coach.
2. Tell the athletic trainer.
3. If the injury requires a doctors attention, be sure to bring along a physicians referral / report form. Without this form, the athlete will not be allowed to become eligible to compete again.
4. Follow the recommendation of the athletic trainer.
5. Accident Report


**Communication / Problem Solving**

High school is a time to support our students journey as they transition from being a youth to being a young adult. When they leave high school and turn 18 and enter college, the workforce and/or a trade, will they be ready?

Parents Should:
Help with time management.
Help with financial support.
Provide good, health snacks and/or money for meals while traveling.
Attend as many games and contests as possible.
Provide support and encouragement when they struggle.
Put the ownership and responsibility on the student-athlete.
Get involved in Booster Club.
Read the website regularly.
Attend all kickoffs and awards nights for the sports your athlete participates.
Encourage your athlete to communicate schedule conflicts, injuries and/or questions/concerns directly with the coach.
Continually remind your athlete that the team comes first and keep working your hardest to be the best team mate you can be.
Cheer for all athletes on the team.

- Expect your athlete to struggle.
- Trust that he/she can achieve greatness and be stronger in the end.

Parents Should Not:
Call or email the coach on behalf of your athlete. (unless your athlete has had conversations first)
Send anonymous letters or emails.
Talk badly about any program or coach, especially in front of your athlete.
Talk with your athlete about other kids mistakes, weaknesses or problems.
Coach from the bleachers, the dinner table or in the car.
Compare your athletes playing time, team selection or position with others.

Communication Chain of Command
1. The athlete should discuss his/her concerns directly to the coach.
2. If the coach is an assistant, talk to the head coach as well.
3. If there is no resolution, parents may set up an appointment to talk with the coaches in question.
4. If there is no resolution, athlete and parents may set up an appointment to talk with the athletic director.
Additional Topics

1. Schedule Conflicts
   a. Communicate in advance
   b. They will happen

2. Open gym / summer camps / weight lifting….
   a. Coaches expectations vs Optional vs Required

3. Award Systems (gold club, platinum club, diamond club)

4. All-Sports Passes / Seasonal Sports Passes

5. You will be issued a uniform. Be sure to keep close tabs in the uniform and return it immediately after the season so you are not fined.