Sports Medicine
Abbreviations

Quiz #1

AC  acromioclavicular joint
ACL  anterior cruciate ligament
ADL  activities of daily living
AIIS  anterior inferior iliac spine
AMA  against medical advice
AP  anterior-posterior
AROM  active range of motion
ASIS  anterior superior iliac spine
ATC  athletic trainer, certified
ATF  anterior talo-fibular ligament
b.i.d.  twice a day
BP  blood pressure
bpm  beats per minute
CBC  complete blood count
CF  calcaneo-fibular lig.
CNS  central nervous system
c/o  complains of
CSF  cerebral spinal fluid
CT  computerized tomography
D/C  discontinued or discharged
DIP  distal interphalangeal joints
DTR  deep tendon reflex
Dx  diagnosis
ECG, EKG  electrocardiogram
EENT  Ear, eyes, nose, throat
EMG  electromyogram
ER  external rotation
FH  family history
FWB  full weight bearing
Fx  fracture
GI  gastrointestinal
HR  heart rate
Hx  history
ICU  intensive care unit
IM  intramuscular
IR  internal rotation
IV  intravenous

Quiz #2

L  left
LBP  lower back pain
LCL  lateral collateral ligament
LE  lower extremity
LLQ  left lower quadrant
LOC  loss of consciousness
LUQ  left upper quadrant
Meds  medications
MCL  medial collateral ligament
MI  myocardial infarction
MMT  manual muscle test
MCP/MTP  metacarpal/tarsal phalangeal
MRI  magnetic resonance imaging
neg.  negative
NPO  nothing by mouth
NWB  non weight bearing
O.R.  operating room
ORIF  open reduction, internal fixation
PA or PAC  physician's assistant
PCL  posterior cruciate ligament
PEARL  pupils, equal, and reactive to light
PIP  proximal interphalangeal joint
PNF  proprioceptive neuromuscular facilitation
pos.  positive
post-op  after surgery
pre-op  before surgery
PRE  progressive resistive exercise
PROM  passive range of motion
pm  whenever necessary
PSIS  posterior superior iliac spine
PT  physical therapy, physical therapist
Pt., pt.  patient
Quiz #3

PTF  posterior talo-fibular lig.
PWB  partial weight bearing
q every
day
q.h. every hour
day
day
q.i.d. four times a day
q.2 h. every 2 hours
R right
RCL radial collateral ligament
RLQ right lower quadrant
r/o rule out
ROM range of motion
RROM resistive range of motion
RUQ right upper quadrant
Rx prescription
SC sternoclavicular joint
SI sacroiliac
SLR straight leg raise
SOAP subjective, objective,
assessment, plan
stat. immediately, at once
Sx symptoms
tab tab
TENS transcutaneous electrical
nerve stimulation
t.i.d. three times daily
TMJ temporomandibular joint
Tx treatment
UCL ulnar collateral ligament
UE upper extremity
US ultrasound
VMO vastus medialis oblique
W/cm² watts per square
centimeter
WNL within normal limits
WP Whirlpool
y/o years old
@ at
c with
s without
a before (ante)
p after (post)
x times (i.e. 3 x week)
> greater than
< less than
= equals
+ plus, positive
- minus, negative
~ approximately
down, decrease
up, increase
change, difference