Central Washington High School Bowling League
League Rules – 2003 - 2004
Rev. 5/03/03

1. The Central Washington High School Bowling League shall consist of teams from Davis, Eisenhower, Wenatchee, West Valley, Sunnyside, Moses Lake, Omak, Pasco, Selah, and Kennewick high schools. The league will consist of two divisions, Yakima and Columbia. Members of the Yakima division are Davis, Eisenhower, West Valley, Selah, and Sunnyside. Members of the Columbia Division are Wenatchee, Moses Lake, Omak, Pasco, and Kennewick. Each school shall have one (1) varsity team. Junior varsity teams may be formed by teams having enough members. Each team shall consist of five (5) female bowlers. League matches will be on Tuesdays and Thursdays beginning on Tuesday, November 18th and ending on Tuesday, January 20th. Team tryouts and/or practices may not begin before Monday November 3rd. Regionals will be held January 28th, at Rodeo Bowl, Ellensburg.

2. Team Membership is open to students in grades nine (9) through twelve (12).

3. This league will follow WIAA eligibility rules. Student eligibility must conform to school regulations concerning involvement in interscholastic sport activities (academics, attendance, physicals, insurance, parent permission forms, ASB cards, drug, alcohol, tobacco guidelines).

4. The league season shall consist of 13 matches for each school. Matches will be played in a home-and-home format within each division. All teams will play one match against each team outside their division. Due to transportation considerations, all matches involving Omak will be bowled in Wenatchee or Moses Lake with the exception of Omak’s home matches against Wenatchee and Moses Lake (see schedule). Problems due to poor weather conditions will be worked out between the two competing teams affected.

5. This is a scratch league. Each match will consist of four (4) games. One (1) point will be awarded for each game based on the number of total pins. A total of four (4) points will be awarded for the match. The first two games will be a regular five (5) man team format. The home team will start on the even numbered lane. The last two games will be a baker format. The home team chooses which lane they wish to start on. The teams remain on that lane the entire game. Teams reverse lanes for the final game. League standings will be based on total number of points won and lost by each team during the season. In case of a tie for 1st place at the end of the season, the teams will be co-champions of the division. For the purpose of breaking ties for regional berths, the following tie-breakers will be used:
   1st – head to head competition (regular season match-ups)
   2nd – playoff between teams tied
6. Good sportsmanship/conduct will prevail at all matches. Swearing, hand signals, cheers or actions designed to distract or cause interference with opponents shall not be allowed. Supportive cheers for teammates should not interfere with the concentration of opponents. Bowlers and coaches should stay behind the scorer’s table when greeting teammates to congratulate them. School rules concerning the use of tobacco, drugs, and alcohol by athletes will be in force during the season. Coaches of each team will be responsible for enforcing these rules.

7. School issued jerseys will be worn at all league and regional matches (exception to that will be the WIAA rule). Cut offs, torn clothing, half shirts, hats, clothing with advertisements of any kind (except school logos) will not be allowed.

8. Substitutions are allowed under the following guidelines:
   a) Any game using a substitute will not count toward any bowler’s average. Only complete games bowled by a single bowler will count toward an individual’s average.
   b) Substitutes must enter at the beginning of a frame unless the substitution is due to an injury severe enough too not allow the injured bowler to continue.
   c) Once a bowler has been removed from a game she may not return to that team until the beginning of the next game.
   d) Junior varsity bowlers may be brought up during the game to substitute on the varsity team.
   e) Varsity bowlers may be removed from the varsity game through substitution and substitute on a jv team immediately, or move to a practice lane.
   f) Substitutes must meet the same eligibility requirements as starting bowlers.
   g) Substitute rules for regionals will match the state rules.
   h) If rules concerning movement between varsity and junior varsity matches are identified by WIAA, then our league will conform to those rules.

9. Because of the freedom to move bowlers between teams, varsity teams may not use a “dummy” or absentee score. If the last or lowest level participating junior varsity team from a school does not have five (5) bowlers at the start of a game they may assign a “dummy” score for that game equal to the missing bowler’s average, minus ten pins. This score will be added to the rest of the member’s scores to complete the team score for that game. In the event the lowest level participating JV team does not have five members, a score equal to the lowest score on the opposing team may be used to complete the team score.
10. If a bowler arrives late, she may enter the game (at the coaches discretion) as a substitute for another bowler who started that game, taking over the score already bowled to that point. No late arrival will be allowed to make up missed frames.

11. If a question arises concerning any of these rules, a meeting of the league coaches and a majority vote of the same will be used to resolve the issue. WIAA and league rules will be followed. Y.A.B.A. rules may be used to address all other issues not addressed in these rules.

12. A league secretary will be assigned to be in charge of the following:
   a) league standings
   b) distribution of any materials
   c) in general, keep us organized

13. The regional tournament will follow the following format: The top three teams from each division from the Cascade Region will advance to the regional tournament. The tournament will consist of six games, two regular and four baker games. Teams will be paired according to the final division standings (1st vs 1st, 2nd vs 2nd and so on). Lane assignments for each pair will be drawn and teams will bowl the two regular games on those lanes. Total pins will carry over to the final four baker games. Lanes for the baker format will be assigned based on total pins from the five-man team format. The team with the highest total pin count will be assigned the 1st lane, the team with the 2nd highest total pin count will be assigned the second lane, and so on. Each team will rotate one lane to the right after each game. The regional tournament will be decided by total pin count for all six games. The regional tournament will be held at a neutral site at which no team has bowled league competition.