ANNUAL WENATCHEE XC INVITATIONAL
Saturday, September 26th, 2009
Walla Walla Point Park-----Wenatchee

Course Length: 3-miles for High School and 1.5 miles for Middle School

Course Description: The surface of the course is mostly grass with short sections of asphalt when the paved loop trail is crossed. The course is made up of two loops of 1.5 miles. There is an incline in the middle of the course, which serves as a great vantage point for viewing much of the race.

Course Records:

Girls: Sandra Martinez Davis 17:44 2008
Boys: Andrew Gonzales Southridge 15:00 2008

Scoring: There will be team scoring for both the Boy’s and Girl’s Varsity races. Awards will be given to the top three teams for both. Individual awards will be given to the top 15 placers in each of the four high school races with a Medal awarded to the winner of each High School Race.

There will be no team scoring for the Middle School races. The top fifteen placers in both the boys and girls races will receive ribbons. Times will be posted on an individual basis for all competitors at the end of the Middle School races.

Entry fee: $75 Per school (Purchase Orders or check)

Mail checks to: Wenatchee High School Athletic Office
1101 Millerdale
Wenatchee WA 98801

If you have any questions please feel free to call or e-mail me.
Susan Valdez Wenatchee Cross Country Coach
Home Phone: (509) 884-3386
Cell Phone: (509) 421-9333
susanvaldez@charter.net or valdez@mail.wsd.wednet.edu.

Enclosed you will find a schedule of events and directions to the course location. If you are interested in attending, please respond by May 7th, 2009.

WENATCHEE CROSS COUNTRY INVITE ON SATURDAY, SEPTEMBER 26th, 2009

Yes, we will attend_____ Name of High School_______________________________

Yes, we will attend_____ Name of Middle School_____________________________

Signature_________________________________________
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>9:45 A.M.</td>
<td>ALL STICKERS &amp; PACKETS SHOULD BE PICKED UP</td>
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<tr>
<td>10:00 A.M.</td>
<td>GIRLS 7th &amp; 8th GRADE COMBINED RACE 1.5 MILES</td>
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<tr>
<td>10:25 A.M.</td>
<td>BOYS 7th &amp; 8th GRADE COMBINED RACE 1.5 MILES</td>
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<tr>
<td>11:00 A.M.</td>
<td>JV GIRLS RACE 3.0 MILES</td>
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<tr>
<td>11:40 A.M.</td>
<td>JV BOYS RACE 3.0 MILES</td>
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<tr>
<td>12:10 NOON</td>
<td>VARSITY GIRLS 3.0 MILES</td>
</tr>
<tr>
<td>12:40 P.M.</td>
<td>VARSITY BOYS 3.0 MILES</td>
</tr>
<tr>
<td>1:10 P.M.</td>
<td>RESULTS WILL BE COMPiled-----ALL RACES DONE</td>
</tr>
<tr>
<td>1:30 P.M.</td>
<td>AWARDS CEREMONY</td>
</tr>
<tr>
<td>1:45 P.M.</td>
<td>RESULT PACKETS AVAILABLE FOR COACHES</td>
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*****Saturday evening the results will be posted on the WHSXC Website.

*Lane Assignments:* THERE WILL BE LANE ASSIGNMENTS-----RANDOMLY PICKED.
DRIVING DIRECTIONS TO WALLA WALLA POINT PARK IN WENATCHEE, WASHINGTON

…..Coming on Highway 28

1--Follow WA-28 – if you are traveling through Quincy
2--Continue on WA-285 toward WENATCHEE - go 0.5 mi
3--Bear onto WENATCHEE AVE toward US-2 BUSINESS/CITY CENTER - go 2.5 mi
4--Bear on N MILLER ST - go 0.5 mi
5--N MILLER ST becomes RIVER LOOP TRL - go 0.5 mi
6--RIVER LOOP TRL becomes WALLA WALLA POINT PARK - go < 0.1 mi
7--Arrive at WALLA WALLA POINT PARK, WENATCHEE

…..Coming on Highway 2 East

1--Follow US-2 EAST if you are traveling by Cashmere
2--US-2 EAST becomes WENATCHEE AVE - go 1.3 mi
3--Turn on HAWLEY ST E - go 0.4 mi
4--Bear on N MILLER ST - go 0.2 mi
5--Turn on WALLA WALLA AVE - go 0.3 mi
6--Turn on WALLA WALLA POINT PARK - go 0.5 mi
7--Arrive at WALLA WALLA POINT PARK, WENATCHEE

…..Coming on Highway 97 (West of Columbia River)

1--Follow US-97-ALT if you are traveling through Entiat
2--Take ramp onto US-2 WEST - go 0.8 mi
3--Take ramp onto WENATCHEE AVE[WA-285] toward WENATCHEE - go 1.6 mi
4--Turn on HAWLEY ST E - go 0.4 mi
5--Bear on N MILLER ST - go 0.2 mi
6--Turn on WALLA WALLA AVE - go 0.3 mi
7--Turn on WALLA WALLA POINT PARK - go 0.5 mi
8--Arrive at WALLA WALLA POINT PARK, WENATCHEE

…..Coming on Highway 97 (East of Columbia River)

1--Follow US-97 if you are going through Orondo
2--Take ramp onto WENATCHEE AVE[WA-285] toward WENATCHEE - go 1.6 mi
3--Turn on HAWLEY ST E - go 0.4 mi
4--Bear on N MILLER ST - go 0.2 mi
5--Turn on WALLA WALLA AVE - go 0.3 mi
6--Turn on WALLA WALLA POINT PARK - go 0.5 mi
7--Arrive at WALLA WALLA POINT PARK, WENATCHEE